# The Cancer Resource Guide of North Central Florida

## **Caregiver Resources**

## **Cooking For Chemo**

http://cookingforchemo.org

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients.

While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

#### **Contact:**

Jessie Callahan cookingforchemo@gmail.com

## For Caregivers

#### **American Red Cross**

http://www.RedCross.org/training

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

## Contact: North Ce

North Central Florida Chapter 352-376-4669 1425 NW 6th Street Gainesville, FL 32601

## CaringBridge.org

http://www.caringbridge.org

Free, personalized websites that help keep family and friends connected during a serious health event.

#### **Contact:**

651-789-2300

## **Cooking For Chemo**

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#### Contact:

Jessie Callahan cookingforchemo@gmail.com

## **Family Caregiver Alliance**

http://www.caregiver.org

Provides a variety of free online resources for family caregivers.

Contact:

info@caregiver.org 1-800-445-8106

## **Haven Hospice**

http://www.havenhospice.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance. **Contact:** 

352-378-2121 Development: 800-727-1889 Administrative Offices 4200 NW 90th Blvd.

Gainesville, FL 32606

## **Hospice Foundation of America**

http://www.hospicefoundation.org

The Caregiving Resource page of their website offers practical tools, reading suggestions, and tips on caregiving for persons near the endoflife. Most of this information is useful under other caregiving situations.

**Contact:** 

hfaoffice@hospicefoundation.org 800-854-3402

## Michelle M. Bishop, PhD

http://www.coping-with-cancer.net

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

#### **Contact:**

Michelle.Bishop@coping-with-cancer.net 352-331-0020 2653 SW 87th Drive, Ste. A Gainesville, FL 32608

## **National Association for Home Care & Hospice**

http://www.nahc.com

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

#### Contact:

202-547-7424

## National Association of Area Agencies on Aging (n4a)

http://www.n4a.org

Advocates services and resources for older adults and persons with disabilities. Members of n4a have the opportunity to obtain a national voice, be informed and prepared on aging issues and gain recognition.

#### Contact:

202-872-0888

## National Cancer Institute: Caregivers, Family & Friends

http://www.cancer.gov/cancertopics/coping/familyfriends

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help individuals with cancer cope with the illness.

#### Contact:

1-800-4-CANCER

## National Family Caregivers Association (NFCA)

http://www.caregiveraction.org

NFCA educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

#### **Contact:**

info@caregiveraction.org 800-896-3650

## **National Hospice and Palliative Care Organization**

http://www.caringinfo.org

Their Caring Connections website provides free resources, and information about end-of-life issues such as advance care planning, caregiving, hospice and palliative care and grief.

#### **Contact:**

800-658-8898

nhpco\_info@nhpco.org

Multilingual Line: 877-658-8896

## **National Volunteer Caregiving Network**

The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs.

#### Contact:

Kelly McAninch info@nvcnetwork.org 512-582-2197 7 Elaine Court Old Bridge, NJ 08857

## **Strength for Caring: A Place for Caregivers**

http://www.strengthforcaring.com/manual/index.html

A comprehensive website designed to provide family caregivers with a broad range of expert content and information, an emerging online community, daily inspiration and much needed support.

#### Contact:

Johnson's Home Health Care 1-866-466-3458

## The American Association for Caregiver Education

http://www.caregivered.org

Publishes The Family Caregiver Practical Problem Solving Manual, and provides resources to professionals who train family caregivers.

#### **Contact:**

AACE@caregiverEd.org

## The Mesothelioma Group

http://www.mesotheliomagroup.com

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

#### Contact:

Help@MesotheliomaGroup.com 888-708-5660

## **Home Health Agencies**

## **Amedisys Home Health Services**

http://www.amedisys.com

#### Contact:

352-372-0466 201 SE 2nd Avenue Gainesville, FL 32601

## **Apex**

#### Contact:

386-325-3555 3900 Crill Avenue Palatka, FL 32177

## **Champion Home Health Care**

Serving Gainesville and Surrounding Communities. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

#### Contact:

352-371-8600; 800-330-4125 3911 W. Newberry Rd., Ste. B-2 Gainesville, FL 32607

## **Comfort Keepers**

http://www.comfortkeepers.com/office-546/gainesville-florida

#### Contact:

352-331-7760 1035 NW 57th Street Gainesville, FL 32605

#### **Gentiva Health Services**

http://www.gentiva.com

#### Contact:

352-376-3221 4011 Northwest 43rd Street Suite C Gainesville, FL 32606

## Interim Healthcare

Serving Gainesville and the Surrounding Six Counties. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

#### Contact:

352-378-0333; Toll free: 877-526-0344 Springhill Professional Center 3760 NW 83rd Street Suite 2 Gainesville, FL 32606

## **Mederi Caretenders**

http://www.patientcare.com

#### **Contact:**

352-379-6217 4923 NW 43rd Street Suite A Gainesville, FL 32653

## **Nurse On Call Home Healthcare**

http://www.nurseoncallfl.com

#### Contact:

352-395-6424 2234 NW 40th Terrace Suite B Gainesville, FL 32605

#### **Omni Home Care - Gainesville**

http://www.omnihomecare.net

#### Contact:

352-384-9240 2114 NW 40th Terrace Suite D-2 Gainesville, FL 32605

#### **Omni Home Care - Palatka**

http://www.omnihomecare.net

#### Contact:

386-312-0646 200 Zeagler Drive Ste 6 Palatka, FL 32177

## **Senior Home Care**

http://www.seniorhomecare.net

#### Contact:

352-332-6575 5860 NW 39th Avenue, Gainesville, FL 32606

#### **Shands HomeCare**

http://www.shands.org/find/outpatient/homecare/default.asp

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

#### Contact:

352-265-0789

Toll Free: 800-999-2189

## **Touching Hearts**

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

#### Contact:

352-225-3727; Toll Free: 855-725-5371

5109 N.W. 39th Avenue

Suite F

Gainesville, FL 32606

Oversight and leadership of NCFCCC is provided by WellFlorida Council. To learn more about WellFlorida, please visit <a href="www.wellflorida.org">www.wellflorida.org</a> or email <a href="mailto:ncfcancercontrol@wellflorida.org">ncfcancercontrol@wellflorida.org</a>.

WellFlorida Council, 1785 NW 80th Blvd., Gainesville, FL 32606

Disclaimer: The information contained on this Web site has been compiled by WellFlorida with assistance from other organizations. Though we have made every effort to provide a comprehensive listing of cancer-related resources in North Central Florida, this is a work in progress and does not include every possible resource. Inclusion in the Guide does not constitute an endorsement of a product or organization, nor does omission denote any inadequacy.

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